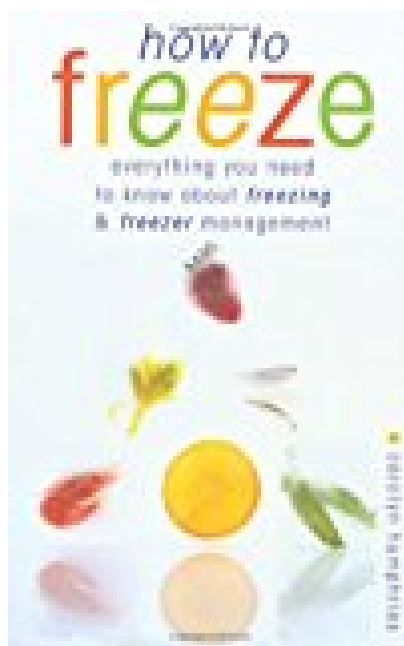


How to Freeze Everything You Need to Know about Freezing



BOOK DETAILS

- Author : Carolyn Humpheries
- Pages : 256 Pages
- Publisher : Foulsham
- Language : English
- ISBN : 0572027699

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BOOK SYNOPSIS

The complete A to Z guide for freezing almost any food. Includes tips on freezing management for maximum enjoyment from your frozen foods. Contains instruction on food preparation, packaging suggestions, storage times, defrosting techniques, hygiene, and food safety.

HOW TO FREEZE EVERYTHING YOU NEED TO KNOW ABOUT FREEZING -

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